

Editorial

Embracing Research: A Vital Pillar for Health Care Institutions

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In today's evolving healthcare landscape of modern healthcare, new ideas, breakthroughs, innovations, and discoveries continue to improve patient care. We cannot overemphasize the importance of developing and defining the role of impactful, meaningful and ethical research for our doctors, researchers, and healthcare systems. It is perceived that impactful research is still not woven into the heart of Pakistani Healthcare systems [1,2].

At the Pakistan Kidney and Liver Institute and Research Center (PKLI&RC), we are starting our journey of embedding research within our institution. This will result in improved care for our genetically unique local patient population. This local knowledge will help our decision-makers and policy-makers put effective prevention plans into action [3]. It will also allow our researchers to test, create, and use novel therapies in clinical settings. Launching the PKLI-Journal of Health Sciences (PKLI-JHS) is one of those early steps. It's essential to stress how crucial research remains in improving patient care [4]. Research forms the basis for future breakthroughs in drug discoveries, pioneering newer medical and surgical treatments, developing novel technologies and implementing clinical and ethical practices [5].

It leads the change to better understanding of science and develop effective patient-centered diagnostics and clinical interventions [5].

Our healthcare institutions should take the lead in fostering a culture of research excellence locally rather than adopting a blanket application of international practices and protocols to our local population. By investing in robust research infrastructures embedded within healthcare institutions, incentivizing local investigators and promoting collaborations between clinicians and basic scientists, our institutions will create fertile ground for innovative, groundbreaking discoveries [6]. Providing research initiatives to healthcare workers by our institutions will help develop the future generation of research-aware healthcare professionals. Collaboration of our healthcare workers with basic scientists will introduce the concept of bench to bedside research. It will raise awareness of the value of innovation and implementation of evidence-based practice within our healthcare systems [7].

The benefits of research stretch far beyond the confines of academic institutions as it resonates throughout society, shaping public health policies and ultimately improving patient outcomes. The potential of research to transform the delivery of healthcare for our local population is immense, offering hope and optimism for future generations [8].

As we start this journey of embedding research culture within our institution, let us reaffirm the dedication of our institution to advancing the frontiers of knowledge and driving innovation in healthcare culture. Research remains a cornerstone of our hospital's mission that will

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empower our institution to move towards a healthier, more equitable future for our patients. Together, let us unite in our commitment to make a meaningful influence through impactful and

ethical research, ensuring that our efforts reach far beyond the pages of academic journals and into the lives of the patients that we serve.

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